

VALGANCICLOVIR (Valcyte®)

GENERIC NAME	BRAND NAMES	REASON FOR USE
Valganciclovir Strengths: 450 mg tablets 50 mg/mL oral solution	VALCYTE®	This medication is an anti-viral. It is used to prevent infections caused by viruses such as herpes virus and cytomegalovirus (CMV). It may also be used to treat infections caused by CMV.

SIDE EFFECTS

1. DECREASED BLOOD CELL COUNT

Your blood cell counts will be monitored. If this side effect occurs your transplant team may ask you to stop taking this medication until your blood counts recover. This should only be decided by your transplant team.

2. GASTROINTESTINAL UPSET

Diarrhea, nausea, vomiting, or stomach pain may occur. Taking the medication with food may prevent these side effects. If these symptoms are severe or last for more than one day, report this to your transplant team.

3. EFFECTS ON THE CENTRAL NERVOUS SYSTEM

This can include headaches or trouble sleeping. Report these symptoms to your transplant team if they become troublesome. Medications may be prescribed to help manage this.

HOW TO USE THIS DRUG

- If your doctor has prescribed a once daily dose of this medication it may be taken either in the morning OR the evening. Take the medication at the same time every day.
- If a twice daily dose of this medication has been prescribed, take it in the morning AND the evening, approximately 12 hours apart.
- Take this medication with food.

Your transplant team will adjust the dose of this drug according to your level of kidney function.

